



How to Send a Valentine to Your Members of Congress to Support the Marriage Access for People with Special Abilities (MAPSA) Act (H.R. 761)!

The MAPSA Act (H.R. 761) ensures that marital status will not affect SSI or Medicaid benefits for those with intellectual or developmental disabilities. Under the current law, eligibility for SSI is decided using the incomes of both spouses. If passed, MAPSA will make sure eligibility is based only on an individual's income and not their spouse's. Join our #Tweet4Love campaign and help spread awareness for people with Down syndrome and other disabilities. If you have any questions, please reach out to policy@ndss.org.

- 1) Select the Valentine you wish to send.
 - i. The first valentine is a great option for self-advocates (aka people with Down syndrome).
 - ii. The second option is a great one for family, friends and other supporters of equal marriage!
- 2) Print the Valentine. Card stock is the best option to print on. But if you only have paper and envelopes, that will work too!
- 3) Find your Representative's address. Everyone is represented by one Representative in the House based on where you live. It is very important to send one to your Representative but you can send one to any Representative to encourage them to cosponsor this bill as well!
 - i. [House Addresses](#)
- 4) Put a stamp on your postcard or envelope.
- 5) Drop it in the mail and send!
- 6) If you don't have access to a printer, or do not wish to send the postcard by mail, you can also use our Action Center to send a tweet or a Facebook post with a Valentine's Day poem!
 - i. The link to send a tweet or Facebook post can be found [here](#).
- 7) Email us at policy@ndss.org if you have any questions!